



CYMUNED

Newyddiadur Cymuned Pennant Community Limited Newsletter

Registered Charity in England & Wales (1144653)

Issue Rhifyn 149

September Medi 2023



A.G.M. 2023

Notice of Cymuned Pennant Community Limited's A.G.M. at 8.00pm Monday 2nd October, 2023, at Pennant Community Centre.

Proposed Agenda

1. To receive apologies for absence.
2. Minutes from previous meeting.
3. Matters arising.
4. Chairman's Report.
5. To receive the Statement of Accounts.
6. The retirement and election of the Chairman.
7. The retirement and election of the Vice Chairman.
8. The retirement and election of the Treasurer.
9. The retirement and election of the Secretary.
10. The retirement and appointment of additional Directors.
11. Appointment of Company Secretary.
12. To review and set the rate of subscriptions.
13. To consider proposed amendments to the Memorandum and Articles of Association in accordance with the draft.
14. Review all Policy Documents - Health & Safety; Equal Opportunities; Data Protection; Environmental; and Welsh Language.
15. Any Other Business – must be submitted 14 days before meeting. No A.O.B. can be introduced at the meeting unless ALL persons present agree.

Committee Posts

Chairman; Vice Chairman; Treasurer; Secretary; and General Committee Member. You must be a member of Cymuned Pennant Community Ltd to hold any post.

Only persons who are members of Cymuned Pennant Community Ltd are eligible to make proposals, second a proposal or vote.

Please come along and see what you can do to help with your Community.

POSTAL DELIVERIES PENNANT

Anne McKenzie has highlighted an issue regarding postal deliveries to our village. She became aware that some days, and indeed several successive days there was no postal service in Pennant. Over a few days the postmen told Anne that the postmaster in charge of Aberystwyth sorting office will not provide a substitute postman if one for this area is on leave. As a result several days' worth of post is required to be delivered on the round, with the comment made by the Sorting Office Manager that 'No one important lives in Pennant', and if necessary deliver only parcels leave letters for another day to speed up the round!

Have you noticed issues with mail deliveries, first class letters taking many days to arrive?

The newsletter editor sent a query to Royal Mail asking for some reason or explanation for the issues being experienced. The response is below.

"I'm sorry you haven't received mail for a number of days and can fully understand your concerns. Every item of mail is important to us and we typically pride ourselves on the high level of service we provide, so I'm very sorry we appear to have let you down on this occasion.

I've reported this issue to the manager of your local delivery office and recorded the details under reference 230813-000874.

I've also checked information on deliveries in your area. I'm sorry, there does appear to be a local issue and we're working hard to fix it. We'll deliver all post as soon as we can and I'm sorry for the inconvenience caused while we resolve this issue.

Thanks again for reporting this issue and I hope this resolves your complaint. If you still need help, please visit our Help and Support Centre at www.royalmail.com/help."

*Regards
Rhian Williams
Royal Mail*

NEWSLETTER EDITOR

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<https://www.facebook.com/cymunedpennant>

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MEETING FOR NEW GROUPS & EVENTS

It is proposed to hold a meeting at 7.30pm on Wednesday 23rd September to discuss the setting up of: -

Photography Group, Film Club, Live Music/Shows, Music Club, and Monthly Dance

Please come along. These events are for you the Community to make them what you want.

NEXT COMMUNITY MEETING

The next monthly Cymuned Pennant Community meeting will be at 8.00pm on Monday 4th September, 2023, at Pennant Community Centre.

Everyone is welcome to come along. Why not get involved in your Community.

COMMUNITY COUNCIL

The next meeting will be at Pennant Community Centre at 8.00pm on Monday 11th September, 2023.

Meetings alternate between Aberarth Village Hall and Pennant Community Centre (the old school). The Meetings are open to the public.

If you wish to see who are your representatives on the Community Council or view past minutes please use the following link: -

<http://www.cyngor-dyffryn-arth-council.org.uk/en/index.php>

100 CLUB DRAW

The July draw was made, during the Coffee Morning, on 27/07/2023.

1st Prize: 6	– Tony Witham	£11.00
R/up:	3 – Gaby Halami	£5.00
	96 – Ian Lampert	£5.00

The August draw was made during the Coffee Morning on Thursday 31st August, 2023.

1st Prize: 31	– Carriesanne Wilkins	£11.00
R/up:	15 – Ed Brown	£5.00
	5 – Osian Evans	£5.00

The September draw will be made on 21/09/2023. Cost of one number, for the rest of this draw year, is £6.00 per number.

GWASANAETHAU EGLWYS/ PENNANT CHURCH SERVICES

Services at Llanbadarn Trefeglwys Church are held on the 1st Sunday of every month - 2.00pm Holy Communion (Bilingual)

Details and dates are also available on the web site under 'Services' – 'Church'.

VOLUNTEERING AT YOUR COMMUNITY CENTRE

Unfortunately no works have been carried out at the Centre in August. There is still cleaning, minor repairs and painting to be done. Also the roof of the extension needs coating with a resin/paint mix before winter, weather permitting.

If you have some spare time and feel that you can help in any way please contact Malcolm Sumner on 07967-116632 or email cympencom@gmail.com

GWASANAETHAU CAPEL PENNANT CHAPEL SERVICES

SEPTEMBER 2023

10th – 10.00am - Minister Rhys Davies

17th – 10,00am - Lyndon Lloyd

Details and dates will be available on the web site

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ROTARY CLUB OF ABERAERON A'R CYLCH

**'Rotary Working In the Community, With the
Community and For the Community'
'Serving Local Communities Since 2003'**

August proved to be a very busy month with a street collection in Aberaeron for the Alzheimer's Society and Aberaeron Carnival.

The Street collection raised £235.49 and our stall and coconut shy at the Carnival raised £695.00. Thank you to all the generous people who donated and spent their money with us.

Money raised at the Carnival is donated to local groups, charities and good causes. If you know of any projects being run or planned in the area please contact us to see if we are able to assist.

Dates for September

- 07/09/2023 - Business Meeting
- 14/09/2023 - Fellowship & Social Evening
- 21/09/2023 - Speaker Evening
- 28/09/2023 - Fellowship & Social Evening

Meetings are presently held at Pennant Community Centre at 7.30pm on 1st and 3rd Thursday of the month. We support local charities, groups and organisations.

If you would like to join the Rotary Club serving the Aberaeron & District and meet face to face, with no impersonal technology, please contact Malcolm 07967-116632 or John 07971-101493.

Email: aberaeronrotaryclub@btinternet.com

Facebook:

<https://www.facebook.com/people/Clwb-Rotari-Aberaeron-Rotary-Club-Ar-Cylch/100083901214969/>

Website: www.aberaeronrotary.com

**OUR 20th YEAR DEDICATED TO
'COMMUNITY FIRST'**

'SERVICE ABOVE SELF'

KNITTING FOR UKRAINE

Over the past couple of Months Pennant craft group, 'Busy Fingers', have knitted for the Ukraine appeal that is being led locally by Penparcau Community Hub. This followed a presentation at Aberaeron Rotary Club's speaker evening by Phil Westbury & Jenny Jenkins. Previously a large amount of knitting has been sent to Ukraine.

The 'Busy Finger' group meet every Thursday 2.00pm to 4.00 pm, at Pennant Community Centre to knit, chat and socialise. Someone always has a new pattern or a tip to pass on and the result is an amazing production line of Baby, Children's & Adult clothes.

We have ladies who are unable to come to the Community Centre, Mags & Sue, who have knitted and supplied some beautiful items. Also Roy and his wife from Llanon, who are well into their 80's, have knitted lovely sweaters. A big thank you goes to the Llangrannog Ladies who came with a literally bags of knitting - thank you to you all.

Also, so many have contributed bags of wool to keep us going! If you have any wool that you do not need and can donate, please contact Carol Anne on 07707-577989.

Thank you to everyone who is helping to make a difference to those who have such difficult times in Ukraine.

FFLECSI BWCABUS SERVICE

Fflecsi Bwcabus service will recommence in your area on Tuesday 22nd August 2023 between 0900 and 1500. The service will operate on a short-term basis until September 31st 2023. This period is a trial and will determine the demand for the service and whether it continues.

The new operator P&S Travel is looking forward to meeting existing and new passengers. New vehicles have also been secured to offer passengers with extra comfort. Look forward to seeing you back onboard – get booking 😊.

Further information on page 8.

FILM NIGHT / NOSON FILMIAU

7.30pm Saturday 16th September, 2023 / 7.30pm Dydd Sadwrn 16 Medi, 2023

“A Lavish Adaptation of a Children’s Classic”

‘WIND IN THE WILLOWS’ (PG)

Starring: Matt Lucas, Bob Hoskins, Mark Gatiss, Imelda Staunton & Lee Ingleby

Set amid glorious English countryside, The Wind in the Willows tells the timeless story of the adventures of four animal friends. Based upon the much loved novel by Kenneth Grahame, this lavish new adaptation by Lee Hall features a star-studded cast.

7.45pm Saturday 30th September, 2023 / 7.30pm Dydd Sadwrn 30 Medi, 2023

“A Collection of Three Movies”

‘AGATHA AND THE TRUTH OF MURDER’ (15)

**Starring: Fay Ripley, Helen Baxendale, Lyndsey Marshal, Ruth Bradley
& Bronagh Waugh**

Three great feature-length dramas for lovers of great stories of murder and mystery starring the queen of detective drama, Agatha Christie. (ONLY ONE FILM BEING SHOWN)

In 'Agatha and the Truth of Murder' set in 1926, with her personal life in tatters and her writing in crisis, so a young Agatha Christie decides to solve a real-life murder. In 'Agatha and the Curse of Ishtar', Agatha Christie travels to the Middle East and is caught in a web of murder, intrigue and love. Two years following the public drama caused by her highly publicised 11-day disappearance. In 'Agatha and The Midnight Murders', as bombs fall on London, writer Agatha Christie considers selling a manuscript that will kill off her most famous creation.

There are conditions attached to the licence, in that, anyone attending must be a member of Cymuned and any payment made cannot be for viewing the film. We are also restricted as to the maximum number of people who can view at any one time. A raffle ticket will be sold, £2.00 per ticket, on entry. The film shown will be the raffle prize. Ice Cream and refreshments will be available for purchase. You are welcome to bring your own snacks and drink along. If there are sufficient numbers there will be food available at 6.00pm, before the films. The meal will be a main course, dessert and coffee. Cost is £6.00 for members and £7.50 to none members. Meals are to be booked at least 48 hours in advance. You can have the meal without any obligation to see the films.

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PENNANT COMMUNITY SERVICES GWASANAETHAU CYMUNEDOL PENNANT

POSTAGE STAMPS

2nd Class – self-adhesive sold in books of 12 – SUSPENDED at present so as to exchange stock for new stamps.

OIL ORDER

If anyone needs to order oil or has any queries please contact Malcolm Sumner on 07967-116632 or email cympencom@gmail.com

Terms and Conditions for the Pennant Oil Syndicate are on the website and were published in the March 2016 Cymuned Newsletter. Please remember to provide the following information: -

Your Name; Full Address - including post code; Telephone number; Quantity of oil required; and any special requirements or access issues (small lorry only, etc).

There will be a minimum order of 500 litres.

LOCAL SERVICES

YOUR LOCAL MILKMAN – Caerwyn Evans -07410-451924. Milk to your door. In the future may be the option of other items being delivered.

LOCAL MOBILE HAIRDRESSER - Anwen Lewis is mobile hairdresser who lives in Pennant. She is available for all of your hairdressing needs from a dry cut to hair styling for your special occasions. For bookings and more information please call 07903-116643.

TINA AND CHRIS MCCAFFREY. Retired Electrician. Qualified to 18th edition – current Regulations. Qualified Portable appliance (PAT) testers. Ring Tina or Chris on 01570-471264 or 07531-458398. Email: tinamccaffrey@hotmail.co.uk

LOCAL GROCERY DELIVERY SERVICE - Robby & Sharon Sweet at Glanarthen Stores & Post Office, in Cross Inn, have started a grocery delivery service. Contact telephone numbers 01974-272505 or 07966-398705. Email rsweet@tesco.net. Please ring if you require any further information or have any queries.

R. RANDALL SERVICES – Mower, strimmer, chainsaw and appliance repair/sales. Tool and equipment sales, Blaenlluest, Llanon, SY23 5LZ. Contact tel. no. 01974-202265. View their page on facebook for further information.

RHIDIAN HARRIES – Plymwaith a Gwresogi Plumbing & Heating 01545-571356 or 07814-483454 – Plumbing services along with Servicing and Repair of central heating boilers/systems.

TIM EVANS (Pennant) – Plumbing Services 07854501349

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GROUPS & EVENT CONTACTS

COMMUNITY GROUPS & EVENTS

Ladies Group – Tuesdays fortnightly - 7.00pm to 9.00pm. Contact/Cyswllt Gill Evans 07817-099275 or email gill@evanspennant.co.uk

'Welcome Spaces' - Thursdays – 9.30am to 12.30pm
Contact/Cyswllt: 07967-116632
Email: cympencom@gmail.com

Bore Coffee Morning - Thursdays - 10.00am to 11.30am - £1.00 y pen/per head – coffee or tea and biscuits, coffi neu te a bisgedi.

Art Group/Grwp Celf - Thursdays - 2.00pm to 4.00pm - Contact/Cyswllt – Phil Huckin on/ar 01545-574756

'Busy Fingers/BySedd Prysur' - Thursdays – 2.00pm to 4.00pm - Contact/Cyswllt – Carrieanne Wilks on/ar 07707-577989

Pennant Youth Club - Every Friday 6.00pm to 8.00pm. - Cyswllt/Contact Gill Evans gill@evanspennant.co.uk or 07817-099275

Film Night - Saturdays- 6.00pm Food & 7.30pm - two evenings per month –. Please see newsletter 'Events' or website for details. Contact/Cyswllt 07967-116632 or email: cympencom@gmail.com

OTHER GROUPS

"BONES FOR LIFE"

Mondays - 5.30pm to 7.00pm - Cyswllt/Contact Marye Wyvill ar/on 01570-421027 or email maryewyvill@hotmail.com .

ABERAERON ROTARY CLUB

1st & 3rd Thursday of the month – 7.30pm - Your Local Community Based Rotary Club . Contact Malcolm Sumner 07967116632 or email aberaeronrotaryclub@btinternet.com

MANAGEMENT TEAM / KEYHOLDERS FOR CENTRE

Below are the people who are the Directors, Trustees and Keyholders of Cymuned Pennant Community Centre.

If you wish to discuss any issues or have any ideas for the Centre please speak to someone.

Malcolm Sumner
Penbryn, Brynhyfryd - 07967-116632 or 01545-57154 Email: cympencom@gmail.com

Ian Lampert - 6 Brynhyfryd - 01545-574624

Dafydd Edwards – Bethania - 07812-538435

Gill Evans – Pennant – 07817-099275

Denise Yard – Brynhyfryd, Pennant – 07958-526364

YOUR NEWS

Deadline for any articles, notices or information relating to groups, personal notices/news, sales and wants to reach the Newsletter Editor, for October issue by **Sunday 16th September, 2023**

PROJECTS & EVENTS

Have you any ideas for projects or events for children and young persons; would you be willing to run an event at the Community Centre or assist in running current sessions or events.

Make a difference and get involved with your Community Centre.

OTHER LOCAL NEWS & EVENTS

If you know of any other local events, exhibitions, fund raisers, displays, entertainment, etc., please let the newsletter editor know.

Cymuned would like to support other local community ventures, appeals and charities.

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SEPTEMBER 2023

Day/Date		Time	Digwyddiadau Events
Fri	1	6.00pm	Pennant Youth Club
Sat	2		
Sun	3		
Mon	4	5.30pm 8.00pm	Bones for Life Cyfarfod Cymuned Community Monthly Meeting
Tue	5		
Wed	6		
Thu	7	10.00am 2.00pm 7.00pm	Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysur Aberaeron Rotary Club – Business Meeting
Fri	8	6.00pm	Pennant Youth Club
Sat	9		
Sun	10		
Mon	11	5.30pm	Bones for Life
Tue	12	7.00pm	Ladies Group
Wed	13		
Thu	14	10.00am 2.00pm	Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysur
Fri	15	6.00pm	Pennant Youth Club
Sat	16	6.00pm 7.30pm	MEAL: Sweet & Sour Chicken + dessert FILM NIGHT: 'WIND IN THE WILLOWS' (PG)
Sun	17		
Mon	18	5.30pm	Bones for Life
Tue	19		
Wed	20	7.30pm	MEETING for New Groups Photography Club, Film Club, Music Club, etc.
Thu	21	10.00am 2.00pm 7.00pm	Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysur Aberaeron Rotary Club – Speaker Evening
Fri	22	6.00pm	Pennant Youth Club
Sat	23		
Sun	24		
Mon	25	5.30pm	Bones for Life
Tue	26	7.00pm	Ladies Group
Wed	27		
Thu	28	10.00am 2.00pm	Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' Bysedd Prysur
Fri	29	6.00pm	Pennant Youth Club
Sat	30	6.00pm 7.30pm	MEAL: Chicken Curry & dessert FILM NIGHT: 'AGATHA AND THE TRUTH OF MURDER' (15)

(All events to be held at Canolfan Cymuned Pennant Community Centre unless otherwise stated)

TY GLYN TRUST OPEN DAY

We have an Open Day in September and wanted to invite you for a 'coffee, cake and chat'.

The Open Day is not only for prospective groups but also for local businesses/organisations that would like to know more about our charity and how they could help (volunteer days/charity of the year/fundraising projects with team members/grants and sponsorships).

Date: Tuesday 26th September 2023

Time: 10am - 4pm

Address: Ty Glyn Davis Trust, Ciliau Aeron, Lampeter, Ceredigion, SA48 8DE Contact numbers: 0345 094 4364 / 07510307154

Please feel free to forward my e-mail to those who may be interested. We're forming a list of attendees so if anyone would like to come then please e-mail me with a name and contact number.

www.tyglyndavistrust.co.uk - Facebook - @tyglynholidaycentreandgardens

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FFLECSI BWCABUS SERVICE NORTH CARMARTHENSHIRE & SOUTH CEREDIGION

Bwcabus has joined the fflecsi family

Bwcabus is celebrating over 12 years of success providing a service to rural residence in North Carmarthenshire and South Ceredigion and parts of Pembrokeshire by joining the fflecsi family. This will allow customers the ability to book journeys and track buses using the fflecsi app on your smart phone in addition to being able to book via the call centre.

fflecsi Bwcabus North Carmarthenshire/South Ceredigion

Whatever your journey purpose, the fflecsi Bwcabus service operates across zones 7am-7pm six days a week. Book to be picked up or dropped off anywhere within the zones shown on the map during the service hours. fflecsi Bwcabus can get you both where you want to go and back again including access to towns including Carmarthen, Cardigan, Aberystwyth and connect you with bus routes 460, 585, 588, TrawsCymru T1, T1C, T5 giving you the ability to get far and wide.

Payment is made on the Bus and is **CARD ONLY**
– NO CASH

Service hours

Monday 07:00 - 19:00
Tuesday 07:00 - 19:00
Wednesday 07:00 - 19:00
Thursday 07:00 - 19:00
Friday 07:00 - 19:00
Saturday 07:00 - 19:00

Book by calling us on 0300 234 0300

Mon–Sat: 7am – 7pm
Sunday: 9am – 6pm

For apps download from Apple App Store or Google Play.

Website link

<https://www.fflecsi.cymru/locations/fflecsi-bwcabus/>

GWASANAETH BWCABUS FFLECSI GOGLEDD SIR GAERFYRDDIN A DE CEREDIGION

Mae Bwcabus wedi ymuno â'r teulu fflecsi

Mae Bwcabus yn dathlu dros 12 mlynedd o lwyddiant yn darparu gwasanaeth i drigolion cefn gwlad yng Ngogledd Sir Gaerfyrddin a De Ceredigion a rhannau o Sir Benfro drwy ymuno â'r teulu fflecsi. Bydd hyn yn galluogi cwsmeriaid i archebu teithiau a thracio bysiau gan ddefnyddio'r ap fflecsi ar eu ffôn clyfar yn ogystal ag archebu drwy'r ganolfan alwadau.

Bwcabus fflecsi Gogledd Sir Gaerfyrddin / De Ceredigion Beth bynnag yw pwrpas eich taith, mae'r gwasanaeth Bwcabus fflecsi yn gweithredu ar draws parthau 7am-7pm chwe diwrnod yr wythnos. Archebwch fws i'ch casglu a'ch gollwng unrhyw le o fewn y parthau a ddangosir ar y map yn ystod oriau'r gwasanaeth. Gall Bwcabus fflecsi eich cludo i ble rydych am fynd ac yn ôl gan gynnwys mynediad i drefi gan gynnwys Caerfyrddin, Aberteifi, Aberystwyth a'ch cysylltu â llwybrau bysiau 460, 585, 588, TrawsCymru T1, T1C, T5 gan roi'r cyfle i chi deithio ymhell.

Telir ar y Bws a cherdyn YN UNIG – DIM ARIAN

Oriau gwasanaeth

Monday 07:00 - 19:00
Tuesday 07:00 - 19:00
Wednesday 07:00 - 19:00
Thursday 07:00 - 19:00
Friday 07:00 - 19:00
Saturday 07:00 - 19:00

ffoniwch 0300 234 0300

Dydd Llun i ddydd Sadwrn: 7am-7pm
Dydd Sul: 9am-6pm

Ar gyfer apps lawrlwythwch o Apple App Store neu Google Play

Dolen gwefan <https://www.fflecsi.cymru/locations/fflecsi-bwcabus/>

NEWSLETTER EDITOR

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