



CYMUNED

Newyddiadur Cymuned Pennant Community Limited Newsletter

Registered Charity in England & Wales (1144653)

Issue Rhifyn 148

Awst August 2023



ABERAERON VINTAGE SHOW

Saturday 12th August, 2023

Cardi Cranks Vintage Club presents the Annual Vintage Show at Cifforch Farm, Cardigan Road, Aberaeron, SA46 0ET.

Entry £5.00 per adult.
Children under 16 free.

- Pre 1980 Classic and Vintage Cars and Motorbikes;
- New this Year! Post 1980 Future Classics;
- Tractors;
- Stationary Engines;
- Commercial Vehicles;
- Car Boot Sale;
- Auto Jumble; and
- Trader Stalls

There will also be a variety of traditional crafters demonstrating their skills.

We also have activities for children including a bouncy castle and much more!

Find us on Facebook @cardicranks or contact Gill on 07817099275 or Huw on 07970-654710

REMINDER OF EVENT THIS MONTH YOUTH CLUB FUNDRAISER

Tea, Coffee, Cake & Classic Cars

**11.00am to 3.00pm Saturday 29th July, 2023 at
Pennant Community Centre**

Join us for a Tea, Coffee, Cake & Classic Cars on Saturday 29th July at Pennant Community Centre For £5.00 you can have a cup of tea or coffee, cake and a raffle ticket along with the opportunity to see some beautiful classic vehicles & cars.

Raffle prizes include a ride in a beautiful E Type Jaguar and your car cleaned.

We hope that you will support the event and come along to meet and see something of what the youth club members are doing. They and the volunteers will have baked the cakes for your enjoyment.

For further details or information please contact Gill Evans gill@evanspennant.co.uk or 07817099275

DEFIBRILLATOR TRAINING

There will be a delay on the Automated External Defibrillators (AED) training. The instructor that we intended to use has had an accident and broken both of her wrists. Arrangements are to be made for an alternative trainer.

If there is any further interest please contact Malcolm Sumner 07967-116632 or email cympencom@gmail.com

AUGUST FILM NIGHTS

There will be no 'Film Nights' during August.

These should resume from Saturday 9th September, 2023, with food being prepared. The provision of food will depend on the number requiring a meal.

We will continue to need notification of people attending the 'Film Nights'. Any orders for food are to be made by the Wednesday before the film night. Thank you for your co-operation in this matter.

NEWSLETTER EDITOR

Malcolm Sumner, Penbryn, Brynhyfryd, Pennant, Llanon, Ceredigion, SY23 5PH
Tel. No. 07967-116632

www.cymunedpennantcommunity.org.uk

Email: cympencom@gmail.com

<https://www.facebook.com/cymunedpennant>

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LADIES GROUP

The Ladies Group meetings for August will be at 7.00pm on Tuesday 1st, 15th & 29th at Pennant Community Centre.

All ages welcome! Any queries contact Gill Evans
gill@evanspennant.co.uk 07817099275

NEXT COMMUNITY MEETING

The next monthly Cymuned Pennant Community meeting will be at 8.00pm on Monday 4th September, 2023, at Pennant Community Centre.

Everyone is welcome to come along. Why not get involved in your Community.

VOLUNTEERING AT YOUR COMMUNITY CENTRE

In August, which is generally a quiet month at the Centre, there is cleaning, minor repairs and painting to be done. Also the roof of the extension needs coating with a resin/paint mix before winter, weather permitting.

If you have some spare time and feel that you can help in any way please contact Malcolm Sumner on 07967-116632 or email cympencom@gmail.com

COMMUNITY COUNCIL

The next meeting will be at Aberarth Village Hall at 8.00pm on Monday 14th August, 2023.

Meetings alternate between Aberarth Village Hall and Pennant Community Centre (the old school). The Meetings are open to the public.

If you wish to see who are your representatives on the Community Council or view past minutes please use the following link: -

<http://www.cyngor-dyffryn-arth-council.org.uk/en/index.php>

YOUR SAFETY

There are a number of events being advertised around the area using beaches or public spaces.

Be aware, when considering to attend any of these events. Cymuned has outlined, in their Commercial hire document, that it is in your own interest to ensure that the person running the event is qualified and competent to carry out the training/course, has relevant insurance, DBS checked and has permission(s) or licence, if required, to utilise the venue.

Keeping Our Communities Safe.

GWASANAETHAU EGLWYS/ PENNANT CHURCH SERVICES

Services at Llanbadarn Trefeglwys Church are held on the 1st Sunday of every month - 2.00pm Holy Communion (Bilingual)

Details and dates are also available on the web site under 'Services' - 'Church'.

GWASANAETHAU CAPEL PENNANT CHAPEL SERVICES

AUGUST 2023

No Services

Details and dates will be available on the web site under 'Service' - 'Chapel'.

100 CLUB DRAW

The July draw to be made on 27/07/2023. Cost of one number, for the rest of this draw year, is £8.00 per number.

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ROTARY CLUB OF ABERAERON A'R CYLCH

**'Rotary Working In the Community, With the
Community and For the Community'
'Serving Local Communities Since 2003'**

Please see article 'Ukraine Evening' with regards
to Rotary Meeting on 20th July, 2023.

Dates for August

- 03/08/2023 - Business Meeting
- 10/08/2023 - Fellowship & Social Evening
- 17/08/2023 - Fellowship & Social Evening
- 19/08/2023 - Street Collection in Aberaeron for
Alzheimer's Society
- 24/08/2023 - Project & Planning Evening
- 28/08/2023 - Aberaeron Carnival stall and
coconut shy
- 31/08/2023 - Club Visit

Meetings held at Pennant Community Centre at
7.30pm on 1st and 3rd Thursday of the month. We
support local charities, groups and organisations.

If you would like to join the Rotary Club serving the
Aberaeron & District and meet face to face, with
no impersonal technology, please contact Malcolm
07967-116632 or John 07971-101493.

Email: aberaeronrotaryclub@btinternet.com

Facebook:

[https://www.facebook.com/people/Clwb-Rotari-
Aberaeron-Rotary-Club-Ar-
Cylch/100083901214969/](https://www.facebook.com/people/Clwb-Rotari-Aberaeron-Rotary-Club-Ar-Cylch/100083901214969/)

Website: www.aberaeronrotary.com

**OUR 20th YEAR DEDICATED TO
'COMMUNITY FIRST'**

'SERVICE ABOVE SELF'

UKRAINE EVENING

Thursday 20th July, 2023

The Rotary meeting on 20th July provided an
opportunity for people to drop off any aid, for the
Ukraine project at Penparcau Community Hub in
Aberystwyth, at Pennant Community Centre.

Following a press release and circulation via
Facebook, Cymuned newsletter and website,
people supported the event with the donation of
men's, ladies' and children's clothes and shoes;
first aid kits and materials; medication; items for
personal hygiene; walking sticks and crutches;
tools and tool boxes; chainsaw; angle grinder; and
strimmer.

This was all delivered by Malcolm Sumner and Ian
Lampert on Friday morning to Jenny at Penparcau
Community Hub. Another load is being prepared
for delivery in about three weeks.

There will be a change in emphasis, after the next
consignment of aid goes out. There will be very
few vehicles going out so the means of transport
will no longer be available. First Aid supplies and
medication would still be welcome but no clothing.
Bed sheets are always welcome because these
are dyed and used to make camouflage covers.

The main focus will change to fundraising so that
people, on the ground, can have money available
to buy goods from Poland so no transport costs
are incurred. So, if you are able, more trauma
bears would be welcome.

UPDATE PENPARCAU COMMUNITY HUB - UKRAINE

To date they have raised £17,000.00 for their
Ukraine appeal, £1,300.00 being raised on
Monday 24th July at an event held at the
bandstand on Aberstwyth Promenade.

GUIDED WALKS WITH DR. DILYS JONES

A series of easy and accessible guided walks on the theme of local rivers kicked off on 6 March with a walk round Pennant, focusing on the River Arth. About 15 people turned up and there was much of interest to engage them, including the fact that The Ship was the focus of the mass migration to Ohio in 1818

The next walk took place on 20 March in Aberarth, the estuary of the Arth. Again, about 15 people attended and were surprised how much there was to learn about the little hamlet. Welsh cakes were provided by Glenys for the end of walk tea. Glenys was born close to Aberarth and talked us through her early life there before marrying and moving to Pennant which all found fascinating.

The following walk focused on the two rivers, Cledan and Peris, which wind their way through Llanon and Llansantffraed, again well-known for their ship building industry in the 18th and 19th centuries. This walk concluded with tea in the White Swan.

River Aeron provided the focus for the next three walks, starting with a short tour of Llangeitho (on 24 April), the first village on the river, and the birth place of Daniel Rowlands (founder of the Calvinistic Methodist Church) and home of Annie Jane Hughes-Griffiths (prominent peace activist). The walk concluded with tea and cakes in Llangeitho cafe.

The River Aeron rises in Llyn Eiddwen and the next tour (8 May) was car based, following the lane round the lake and Mynydd Bach, taking in Trefenter and considering the history of enclosures and subsequent abandonment of farms with many emigrating to Ohio. Tour ended at Annmarie's house for tea and cakes.

The last Aeron River walk met in Cae Sgwar, Aberaeron, on 12 June. The harbour was established by Act of Parliament in 1807 and was the brain child of wealthy local land owner, Rev Alban Thomas Jones Gwynne. The harbour soon became a centre of ship building and trade and continued that way until mid-20th century when tourism began to take over. The walk concluded with tea at Ambassadors.

Our final walk for this season took place on 10 July in Llanrhystud. This short walk began at the Barn, Pencarreg, and took us round the River Wyre via the Church. Again, this was a ship building area in the 18th & 19th centuries with many local amenities. White Swan in Llanon hosted our final tea.

Thanks go to Ali who captured us all on camera for Pennant Facebook page!

Our next season will kick off in Rhos yr Hafod on the evening of Wednesday 14 Sept when the theme will be Sparkly Shoes... This needs to be confirmed so watch this space!

All the walkers have enjoyed and learnt much from these local historical walks. We are looking forward to the new season - there is no charge and everyone is welcome.

Email for more info: annmarie-pitt@hotmail.com

A welsh translation will be available on the Cymuned website.

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PENNANT COMMUNITY SERVICES GWASANAETHAU CYMUNEDOL PENNANT

POSTAGE STAMPS

2nd Class – self-adhesive sold in books of 12 – SUSPENDED at present so as to exchange stock for new stamps.

OIL ORDER

If anyone needs to order oil or has any queries please contact Malcolm Sumner on 07967-116632 or email cympencom@gmail.com

Terms and Conditions for the Pennant Oil Syndicate are on the website and were published in the March 2016 Cymuned Newsletter. Please remember to provide the following information: -

Your Name; Full Address - including post code; Telephone number; Quantity of oil required; and any special requirements or access issues (small lorry only, etc).

There will be a minimum order of 500 litres.

LOCAL SERVICES

YOUR LOCAL MILKMAN – Caerwyn Evans -07410-451924. Milk to your door. In the future may be the option of other items being delivered.

LOCAL MOBILE HAIRDRESSER - Anwen Lewis is mobile hairdresser who lives in Pennant. She is available for all of your hairdressing needs from a dry cut to hair styling for your special occasions. For bookings and more information please call 07903-116643.

TINA AND CHRIS MCCAFFREY. Retired Electrician. Qualified to 18th edition – current Regulations. Qualified Portable appliance (PAT) testers. Ring Tina or Chris on 01570-471264 or 07531-458398. Email: tinamccaffrey@hotmail.co.uk

LOCAL GROCERY DELIVERY SERVICE - Robby & Sharon Sweet at Glanarthen Stores & Post Office, in Cross Inn, have started a grocery delivery service. Contact telephone numbers 01974-272505 or 07966-398705. Email rsweet@tesco.net. Please ring if you require any further information or have any queries.

R. RANDALL SERVICES – Mower, strimmer, chainsaw and appliance repair/sales. Tool and equipment sales, Blaenlluest, Llanon, SY23 5LZ. Contact tel. no. 01974-202265. View their page on facebook for further information.

RHIDIAN HARRIES – Plymwaith a Gwresogi Plumbing & Heating 01545-571356 or 07814-483454 – Plumbing services along with Servicing and Repair of central heating boilers/systems.

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GROUPS & EVENT CONTACTS

COMMUNITY GROUPS & EVENTS

Ladies Group – Tuesdays fortnightly - 7.00pm to 9.00pm. Contact/Cyswllt Gill Evans 07817-099275 or email gill@evanspennant.co.uk

'Welcome Spaces' - Thursdays – 9.30am to 12.30pm
Contact/Cyswllt: 07967-116632
Email: cympencom@gmail.com

Bore Coffee Morning - Thursdays - 10.00am to 11.30am - £1.00 y pen/per head – coffee or tea and biscuits, coffi neu te a bisgedi.

Art Group/Grwp Celf - Thursdays - 2.00pm to 4.00pm - Contact/Cyswllt – Phil Huckin on/ar 01545-574756

'Busy Fingers/BySedd Prysur' - Thursdays – 2.00pm to 4.00pm - Contact/Cyswllt – Carrieanne Wilks on/ar 07707-577989

Pennant Youth Club - Every Friday 6.00pm to 8.00pm. - Cyswllt/Contact Gill Evans gill@evanspennant.co.uk or 07817-099275

Film Night - Saturdays- 6.00pm Food & 7.30pm - two evenings per month –. Please see newsletter 'Events' or website for details. Contact/Cyswllt 07967-116632 or email: cympencom@gmail.com

OTHER GROUPS

"BONES FOR LIFE"
Mondays - 5.30pm to 7.00pm - Cyswllt/Contact Marye Wyvill ar/on 01570-421027 or email maryewyvill@hotmail.com .

ABERAERON ROTARY CLUB

1st & 3rd Thursday of the month – 7.30pm - Your Local Community Based Rotary Club . Contact Malcolm Sumner 07967116632 or email aberaeronrotaryclub@btinternet.com

MANAGEMENT TEAM / KEYHOLDERS FOR CENTRE

Below are the people who are the Directors, Trustees and Keyholders of Cymuned Pennant Community Centre.

If you wish to discuss any issues or have any ideas for the Centre please speak to someone.

Malcolm Sumner
Penbryn, Brynhyfryd - 07967-116632 or 01545-57154 Email: cympencom@gmail.com

Ian Lampert - 6 Brynhyfryd - 01545-574624

Dafydd Edwards – Bethania - 07812-538435

Gill Evans – Pennant – 07817-099275

Denise Yard – Brynhyfryd, Pennant – 07958-526364

YOUR NEWS

Deadline for any articles, notices or information relating to groups, personal notices/news, sales and wants to reach the Newsletter Editor, for October issue by **Sunday 19th August, 2023**

PROJECTS & EVENTS

Have you any ideas for projects or events for children and young persons; would you be willing to run an event at the Community Centre or assist in running current sessions or events.

Make a difference and get involved with your Community Centre.

OTHER LOCAL NEWS & EVENTS

If you know of any other local events, exhibitions, fund raisers, displays, entertainment, etc., please let the newsletter editor know.

Cymuned would like to support other local community ventures, appeals and charities.

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Day/Date		Time	Digwyddiadau Events
Tue	1	7.00pm	Ladies Group
Wed	2		
Thu	3	09.30am 10.00am 2.00pm 7.00pm	Welcome Spaces Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysyr Aberaeron Rotary Club
Fri	4	6.00pm	Pennant Youth Club
Sat	5		
Sun	6		
Mon	7	5.30pm 8.00pm	Bones for Life Cyfarfod Cymuned Community Monthly Meeting
Tue	8		
Wed	9		
Thu	10	9.30am 10.00am 2.00pm	Welcome Spaces Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysyr
Fri	11	6.00pm	Pennant Youth Club
Sat	12		
Sun	13		
Mon	14	5.30pm	Bones for Life
Tue	15	7.00pm	Ladies Group
Wed	16		
Thu	17	9.30am 10.00am 2.00pm 7.00pm	Welcome Spaces Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysyr Aberaeron Rotary Club – Speaker Evening
Fri	18	6.00pm	Pennant Youth Club
Sat	19		
Sun	20		
Mon	21	5.30pm	Bones for Life
Tue	22		
Wed	23		
Thu	24	10.00am 2.00pm	Coffee Morning / Bore Coffi Art Group / Celf Grŵp & 'Busy Fingers' / Bysedd Prysyr
Fri	25	6.00pm	Pennant Youth Club
Sat	26		
Sun	27		
Mon	28		SUMMER BANK HOLIDAY
		5.30pm	Bones for Life
Tue	29	7.00pm	Ladies Group
Wed	30		
Thu	31		

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ABERAERON CARNIVAL

The Aberaeron Carnival, on Monday 28th August, 2023, will not see a float entered by Pennant. It is

WHAT TO LOOK OUT FOR STARTING IN SEPTEMBER OR OCTOBER