



CYMUNED

Newyddiadur Cymuned Pennant Community Limited Newsletter

Registered Charity in England & Wales (1144653)

Issue Rhifyn 181

May/ Mail 2026



DONATIONS

We would like to thank Buddug Lewis and family, along with those that made a donation, for the kind donation of £131.38 collected, at the wishes of Dilys Jones, following her funeral on 18th March, 2026.

OIL THEFT

On Thursday 9th April, 2026 a wonderful morning was had at Pennant Coffee morning where a small number of local residents met.

He informed us, during the coffee morning, to warn local residents to be aware that there has been an heating oil theft recently. This is usually the case when oil prices are on the increase as they are currently.

He has suggested that people should check their heating oil tanks regularly, and if at all possible it would be a good idea to have some sort of camera overlooking your heating oil tank. Although cameras are reasonably cheap, it is an added cost to people.

Please report any heating oil thefts via 101 or 999 if an emergency or if a theft is ongoing.

People have often asked for advice about placing a lock on these tanks. The advice varies around this, but the general consensus is not to place a lock on the tank because thieves will then drill a hole in tanks which renders the tank unusable. The decision as to whether to place a lock on a tank or not is obviously down to the individual.

It is recommended that any lock or security devices are accredited by "Secure by Design" - please look at the secure by design website for a list of accredited items on the link below:

www.securedbydesign.com

With the continuing high price of fuel please also be aware of fuel being taken from vehicles. Vehicles generally have anti syphoning fuel filling points but this does not prevent fuel lines being cut or holes being drilled into fuel tanks.

CYSWLLT DYFED-POWYS CONNECTS

This is a Police led project aimed at communities staying connected with what is happening in their area.

Dyfed-Powys Connects is a FREE and easy messaging service that sends information from your local policing team directly to your emails.

You decide how and when you are kept informed and choose the alerts that matter to you most whether it is News, Events, Updates or more.

You can reply to provide feedback and share concerns directly with local officers.

Stay up-to-date and share any of your concerns directly with local officers.

There are posters in the Community Centre with QR codes that you can scan to sign up to receive local alerts.

Dyfed-Powys Connects is NOT for reporting crimes or incidents and messaging is not monitored 24 hours a day

The Cymuned Pennant Community website will have a section for Cyswllt Dyfed-Powys Connects messages and information.

Any urgent or immediate messages will be circulated via email contacts. They will also then appear in the next newsletter for those without email addresses.

If you want to receive any important or immediate messages could you please supply your email details via our email cympencom@gmail.com

NEIGHBOURHOOD POLICE OFFICER

Our member of the Neighbourhood Police and Prevention Team is PC1005 Emyr John based at Aberaeron Police Station.

Can be contacted by phone by dialling 101 or email: emyr.john@dyfed-powys.police.uk

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HEATING OIL

Domestic Heating oil prices are still very volatile and prices alter daily so when you contact a supplier they will not give you a price. Practice has been for the Oil supplier to contact customers, after they have placed their order. This is would be to confirm a delivery date and the price.

Orders are still being taken on the 1st of each month. If you require further information please contact Arnold Phipps-Jones, Felinfach Heating Oil Syndicate, email: felinfachheatingoil@gmail.com mobile: 07894831609

FIRST AID COURSE

Since my request, made two months ago, there are only still two persons who have expressed their interested in attending a First Aid Course. As a result it would not be economically viable to run a course at the present time.

We will look at trying to arrange something later in the year.

ITEMS FOR SALE

Fiat Ducato front windscreen external cover – used £20.00

Aquaroll portable water container – used £20.00

Wastemaster waste water tank – used £20.00

Kampa Prestige double slat table - £40.00

Camping rotary washing line - £20.00

Light pendants – 3 Lights £25.00 & 2 Lights £15.00.

Please contact Ian Lampert on 07811-129629

NOTE:

If you have anything you wisht to sell, offer for free or looking for something or a service/tradesman please send details to the newsletter editor on email: cympencom@gmail.com

DOOR TO DOOR SALESPEOPLE

Some areas of Dyfed Powys Police have had issues with door to door salespeople. The primary advice from authorities is to never feel obligated to open your door to anyone you are not expecting.

Key Precautions for Door-to-Door Callers:

Stop, Lock, Chain, and Check: Before answering, think if you are expecting anyone. Lock other doors, use a door chain/bar, and check who it is via a spy hole or window.

Use "No Cold Callers" Signs: Display a sticker on your door or in the window to deter salespeople. You do not need to be polite to cold callers. The safest action is to say "no" and close the door immediately.

Do Not Buy at the Door: Never agree to buy goods or services on your doorstep. Reputable traders rarely, if ever, cold call to find work.

Verify Identification: If a caller claims to be from a company (e.g., utility, council), ask for their ID and check it carefully. If unsure, call the company directly using a number from the phone book or official website—not the number on the ID card provided.

Use Smart Technology: Install video doorbells or smart security devices that allow you to screen visitors without opening the door.

Beware of "Nottingham Knockers": Be aware of people selling low-quality household goods who claim to be ex-convicts in a rehabilitation program. These are often scams and used for gathering information for future crimes.

Never Hand Over Money or Personal Details:

Never give cash, bank cards, or personal information (like PINs) to callers.

If a Caller Refuses to Leave:

If a caller becomes aggressive, persistent, or refuses to leave, call the police immediately on 999. For non-urgent reports (e.g., suspicious people in the area), call the non-emergency police number 101 or Citizens Advice.

What to Do If You Need Work Done:

If you need repairs, always find your own reputable, recommended trader. Get at least three written quotes, and do not pay in advance.

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COMMUNITY MEETING

The next Cymuned Pennant Community monthly meeting will be at **7.30pm on Monday 4th May, 2026**, at Pennant Community Centre. In future meeting dates will be confirmed at the end each meeting.

Everyone is welcome to come along. Why not get involved in your Community. We are always looking for new ideas and anyone able to volunteer and lend a hand

COMMUNITY COUNCIL

The next meeting Community Council meeting will be at **Aberarth Village Hall at 8.00pm on Monday 11th May, 2026**.

Meetings alternate between Aberarth Village Hall and Pennant Community Centre (the old school). The Meetings are open to the public.

Clerk to the Council: Denfer Morgan
Mobile: 07749-320915 Email:
clerc.dyffrynarth@btinternet.com

If you wish to see who are your representatives on the Community Council or view past minutes please use the following link: -

<http://www.cyngor-dyffryn-arth-council.org.uk>

GWASANAETHAU CAPEL PENNANT CHAPEL SERVICES

SERVICES 2026

Awaiting any details of Services to be held during 2026.

GWASANAETHAU EGLWYS/ PENNANT CHURCH SERVICES

Services at Llanbadarn Trefeglwys Church are held on the 1st Sunday of every month - 2.00pm Holy Communion (Bilingual)

Details and dates are also available on the web site under 'Services' – 'Church'.

LOCAL PRIORITIES ROAD SAFETY ISSUES MESSAGE

Update regarding Road safety issues, which people around your area have highlighted as an issue of concern on the priority survey.

Road Safety, especially speeding has been identified by your local community as an issue. For your information, the Roads Policing Team have been informed and they will assist in dealing with this issue in due course.

CLWB ROTARI ABERAERON ROTARY CLUB A'R CYLCH

'Rotary Working In the Community, With the Community and For the Community'

'Serving Local Communities Since 2003'

For your Rotary in Cardigan Bay

ROTARY Dates for May

7.30pm - 07/05/2026 - Come and join us for a pint and a chat at The Castle Hotel and see what you can do in 2026 for your community. We are always looking for new and relevant projects and fundraising for this year.

Remember that there has been and is only one Clwb Rotari Aberaeron Rotary Club A'r Cylch serving Aberaeron and the surrounding communities for 23 years.

Come and see what you are able to give to your communities. We only meet face to face no social media distancing people. What has always been an important element is socialising and meeting up with like minded groups/people.

Remember you can always meet us in Aberaeron at 7.30pm generally on 1st Thursday of the month at The Castle Hotel, Market Street, Aberaeron. Please contact Malcolm 07967-116632.

<https://www.facebook.com/people/Clwb-Rotari-Aberaeron-Rotary-Club-Ar-Cylch/100083901214969/>

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GROUPS & EVENT CONTACTS

“BONES FOR LIFE”

Mondays - 4.30pm to 6.00pm - Cyswllt/Contact
Marye Wyvill ar/on 01570-421027 or email
maryewyvill@hotmail.com .

Afternoon Social & I.T. Café – Tuesday

2.00pm to 4.00pm
Contact/Cyswllt: 07967-116632
Email: cympencom@gmail.com

‘Welcome Spaces’ - Thursdays – 9.30am to

12.30pm
Contact/Cyswllt: 07967-116632
Email: cympencom@gmail.com

Bore Coffee Morning - Thursdays - 10.00am to
11.30am - £1.00 y pen/per head – coffee or tea
and biscuits, coffi neu te a bisgedi.

Art Group/Grwp Celf - Thursdays - 2.00pm to
4.00pm - Contact/Cyswllt – Phil Huckin on/ar
01545-574756

Pennant Stitchers/Pwythwyr - Thursdays –
2.00pm to 4.00pm - Contact/Cyswllt – Carrieanne
Wilkins on/ar 07707-577989

PUBS (Pennant Unlicensed Brewers Society)
Last Thursday of the Month (Thursday Ferret) –
7.30pm to 9.30pm, - Cyswllt/Contact Kingsley Tart
ar/on 03330-885414

These groups do not meet at Pennant Community
Centre

CERDDWYR PENNANT WALKERS

Local walks. Cyswllt/Contact Annmarie Butlin ar/on
07950-462423

Ladies Group/Grwp Merched – Tuesdays
fortnightly - 7.00pm to 9.00pm. Contact/Cyswllt Gill
Evans 07817-099275 or email
gill@evanspennant.co.uk

YOUR NEWS

The deadline for any articles, notices or information relating to groups, **personal notices/news**, sales and wants or other local events of interest to reach the Newsletter Editor, for April's issue by **16th May, 2026**. The Newsletter will then be published during that week

OTHER LOCAL NEWS & EVENTS

If you know of any other local events, exhibitions, fund raisers, displays, entertainment, etc., please let the newsletter editor know.

Cymuned would like to support other local community ventures, appeals and charities.

PAYMENTS

You can make payments to Cymuned online, through BACS or your faster payment options, for membership to Cymuned Pennant Community - Sort Code 201841; Account No. 73095371. Use your name as reference.

PROJECTS & EVENTS FOR 2026

What would you like to see held or organised at your Community Centre.

Would you like to see films being shown again, food socials, Bingo, Quizzes, or any other suggestions for groups and social gatherings. It is your venue to utilise.

MANAGEMENT TEAM / KEYHOLDERS FOR CENTRE

Below are the Directors, Trustees and Keyholders of Cymuned Pennant Community Centre.

If you wish to discuss any issues or have any ideas for the Centre please speak to someone.

Malcolm Sumner, Penbryn, Brynhyfryd -
07967-116632 Email: cympencom@gmail.com

Ian Lampert - 6 Brynhyfryd - 07811-129629

Dafydd Edwards – Bethania - 07812-538435

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PENNANT COMMUNITY SERVICES GWASANAETHAU CYMUNEDOL PENNANT

OIL ORDERS

If anyone needs to order oil or has any queries please contact Malcolm Sumner on 07967-116632 or email cympencom@gmail.com

Terms and Conditions for the Pennant Oil Syndicate are on the website and were published in the March 2016 Cymuned Newsletter. Please remember to provide the following information: -

Your Name; Full Address - including post code; Telephone number; Quantity of oil required; and any special requirements or access issues (small lorry only, etc).

There will be a minimum order of 500 litres.

Pennant have merged with 'Felinfach Heating Oil, so orders can be directed to Arnold Phipps-Jones mobile 07894-831609 or Email: felinfachheatingoil@gmail.com

LOCAL SERVICES

If you have any details of local service providers please pass them on to the Newsletter Editor.

YOUR LOCAL BUTCHER - Cigydd Sion Jones Butcher (Llanon). Free local delivery available to Pennant and surrounding areas. For enquiries or orders, please contact 01974 202864 or email info@cigyddsionjones.co.uk

LOCAL MOBILE HAIRDRESSER - Anwen Lewis is mobile hairdresser who lives in Pennant. She is available for all of your hairdressing needs from a dry cut to hair styling for your special occasions. For bookings and more information please call 07903-116643.

TINA AND CHRIS MCCAFFREY. Retired Electrician. Qualified to 18th edition – current Regulations. Qualified Portable appliance (PAT) testers. Ring Tina or Chris on 01570-471264 or 07531-458398. Email: tinamccaffrey@hotmail.co.uk

LOCAL GROCERY DELIVERY SERVICE - Robby & Sharon Sweet at Glanarthen Stores & Post Office, in Cross Inn, have started a grocery delivery service. Contact telephone numbers 01974-272505 or 07966-398705. Email rsweet@tesco.net. Please ring if you require any further information or have any queries.

R. RANDALL SERVICES – Mower, strimmer, chainsaw and appliance repair/sales. Tool and equipment sales, Blaenlluest, Llanon, SY23 5LZ. Contact tel. no. 01974-202265. View their page on facebook for further information.

RHIDIAN HARRIES (Pennant) – Plymwaith a Gwresogi Plumbing & Heating 01545-571356 or 07814-483454 – Plumbing services along with Servicing and Repair of central heating boilers/systems.

TIM EVANS (Pennant) – Plumbing Services 07854-501349

HOUSE OR HOLIDAY LET CLEANING: Please contact Tina McCAFFREY – tinamccaffrey@hotmail.co.uk

THOMAS: HOME & GARDEN MAINTENANCE: For all your Home and Garden Improvements. No Job too Big or Small. Also Logs for Sale. Please telephone for a free quote. A local, friendly and reliable service. 14 day cooling off period. Telephone 07908 802671

SOS ELECTRICAL: Steve Oliver, Cross Inn 07905-895506

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CYSWLLT DYFED-POWYS CONNECTS

INVESTMENT FRAUD

Criminals stole over £879 million through investment fraud in 2025.

Victims of investment fraud lost an average of £1,675 every minute last year, new figures from the City of London Police, the National Lead Force for Fraud, have revealed.

Criminals stole £879.8 million through investment fraud last year - an average of £2.4 million a day.

In 2025, 34,673 people reported investment fraud to Report Fraud, the national service that replaced Action Fraud in December 2025. This marks a 31 per cent rise on the previous year. The rise in reporting is not only linked to an increase in investment fraud, but also due to the point at which victims realise what has happened. Reports began climbing steadily from March and spiked in July and September when many people review their investments, move money into new products or check their returns ahead of the new financial year.

As part of wider fraud-prevention work, we are urging the public to take simple steps to protect themselves.

Before making any investment, use the FCA's firm checker tool, to confirm whether a firm or individual is authorised. The tool can be accessed via the FCA website and is one of the most effective ways to avoid cloned firms and bogus advisers.

We encourage anyone considering an investment to be cautious of unsolicited messages, adverts promising unusually high returns, or requests to keep the offer "confidential".

You can also contact the Financial Conduct Authority's consumer helpline on 0800 111 6768 or report suspicious businesses or individuals by using the reporting form on their website. Any suspicious activity should be reported to Report Fraud as soon as possible at www.reportfraud.police.uk or by calling 0300 123 2040. In Scotland, victims of fraud and cybercrime should report to Police Scotland on 101.

COMMUNITY CENTRE CLEAN UP

In the next few weeks it is hoped that the weather will become more settled and drier. This will provide an opportunity to have a clean and tidy up at the Centre.

The yard is to be sprayed with weed killer and will then require cleaning up with a profusion of dandelions springing up all over the surrounding area. All the gutters will need clearing and cleaning along with windows and other plastics. The inside could also do with a good spring clean with the banqueting tables needing sanding and revarnishing.

If you think that you could spare some time to assist please contact the newsletter editor. Thank you.

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MAY / MAI 2026

Day/Date		Time	Digwyddiadau Events
Fri	1		
Sat	2		
Sun	3		
Mon	4		+++++ BANK HOLIDAY +++++
		5.30pm 7.30pm	Bones for Life / Esgyrn am Oes Cyfarfod Cymuned Community Monthly Meeting
Tue	5	2.00pm	'Welcome Space' : Afternoon Social / Cymdeithasol Prynawn Cyfarfod
Wed	6	5.00pm	Elections - Polling Station set up
Thu	7	7.00am	ELECTION DAY – Polling Day
Fri	8	9.30am 10.00am	Welcome Space Coffee Morning / Bore Coffi
Sat	9		
Sun	10		
Mon	11	5.30pm	Bones for Life / Esgyrn am Oes
Tue	12	2.00pm	'Welcome Space' : Afternoon Social / Cymdeithasol Prynawn Cyfarfod
Wed	13		
Thu	14	9.30am 10.00am 2.00pm	Welcome Space Coffee Morning / Bore Coffi Pennant Stitches / Gwniŵyr Pennant
Fri	15		
Sat	16		
Sun	17		
Mon	18	5.30pm	Bones for Life / Esgyrn am Oes
Tue	19	2.00pm	'Welcome Space' : Afternoon Social / Cymdeithasol Prynawn Cyfarfod
Wed	20		
Thu	21	9.30am 10.00am 2.00pm	Welcome Space Coffee Morning / Bore Coffi Pennant Stitches / Gwniŵyr Pennant
Fri	22		
Sat	23		
Sun	24		
Mon	25		+++++ BANK HOLIDAY +++++
		5.30pm	Bones for Life / Esgyrn am Oes
Tue	26	2.00pm	'Welcome Space' : Afternoon Social / Cymdeithasol Prynawn Cyfarfod
Wed	27		
Thu	28	9.30am 10.00am 2.00pm 7.30pm	Welcome Space Coffee Morning / Bore Coffi Pennant Stitches / Gwniŵyr Pennant PUBS
Fri	29		
Sat	30		
Sun	31		

(All events to be held at Canolfan Cymuned Pennant Community Centre unless otherwise stated)

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PENNANT STITCHERS

A brilliant group of Ladies get together each Thursday 2.00pm -4.00pm, at Pennant Community Centre and are busy straight away working for their Annual Fundraiser. This will be a Mid-Summer Tea Party for Bronglais Palliative Team, to be held between 2.00pm and 4.00pm on Friday 19th June, 2026. They are pleased to again have the use of Pennant Community Centre free of charge as every penny made will go to Bronglais Palliative Team for those who require help in their homes. In the past Year there have been local residents who have needed this service and would be lost without it.

Just a clue as to what is planned! There will be on Sale: Bags for patient's notes; Syringe driver bags; Knee covers and so much more. All items being made during their meetings at the Centre. It is proposed that a person would make a donation for an item, put their name on a gift tag and hand the gift over for them to forward to the Nursing staff. There will be a Raffle and Tombola, with any donated prizes and gifts being much appreciated. There will be stalls for Plants, Veggies, Haberdashery and more.

Please come along and enjoy a cup of Tea, Cake and a Sandwich, and meet with friends. All of the refreshments will be provided by the Ladies. Everyone is welcome to attend so please spread the word and invite all.

In the previous two years the ladies have raised over £1,000.00 each time for MacMillan and now it is a turn for the local Hospital. Should you wish to gift an item for the stalls please call and every effort will be made to collect. Call 07598 518878. We all thank everyone for your continued support.

PENNANT CAR BOOT

Pennant Car Boot is back. Why not come along and take the plunge in selling your items. The weather hasn't been good for several weeks with the cold temperatures, wind and rain. Perhaps things are now settling down and this will lead to the crowds coming back to revive what was a thriving Car Boot.

The gates open at 7.00am for traders and 8.00am for buyers. The first 5 traders will only pay half price for their pitches in May. Charges are Cars at £10, Car and Trailer £15, Vans and Traders £15 and Vans with Trailers £20.

There is parking on site available at £1.00 per vehicle. Your parking ticket is redeemable against any hot drink available from the catering van.

Why not come along to have a look at the wonderful community vibe we have created and bag a bargain too. Local support is vital to this local and convenient event continuing. Your time and effort will be very much appreciated. Thank you Julie and Glenn, Tanybryn

CALLING ALL JAM MAKERS

Josta Berries

Islwyn Williams, Pennant, has some Josta Berries available to anyone wishing to make jams. The berries have been frozen.

Josta Berry fruit are large berries, bigger than blackcurrants, that turn from deep red to black when ripe in midsummer, excellent for jams, pies, or eating fresh.

Jars

If you are considering making jams or other preserves, Tina Warwick, Pennant, has jars with lids. A large number of these jars are being stored at the Community Centre.

If you are interested in having some berries or jars please contact the newsletter editor who will pass your details on.

NEWSLETTER EDITOR

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